

**Northern Shenandoah Valley Substance Abuse Coalition**  
FOR IMMEDIATE RELEASE  
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**Overdose Death Linked to Abuse of Anti-Diarrheal Medication**

The Northern Shenandoah Valley Substance Abuse Coalition is warning the public about the dangers of Loperamide, an over-the-counter anti-diarrheal medication, when used inappropriately. This medication has resulted in two recent overdoses in the Northern Shenandoah Valley with one of those overdoses resulting in a death. Loperamide is being used in exceptionally high doses to attempt to manage withdrawing from Heroin as well as to obtain a “narcotic like high.”

The Substance Abuse Coalition encourages individuals who are struggling with addiction to seek help. We offer information about available treatment options in the Northern Shenandoah Valley on our website, [www.roadtorecovery.info](http://www.roadtorecovery.info).

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