

VIRTUAL **Run** for RECOVERY



Join us for the 4th Annual **Run for Recovery 5K** to raise awareness of the impact of addiction and substance use disorders.

Saturday, October 10, 2020

This is a virtual event. Run anytime that day at your choice of location (outside, treadmill at home or at the gym, etc.) Prizes will be awarded based on self-reported times*.

Three Categories:

Ages 18 and up, ages 11–17 and ages 5–10

- Cash prizes for the adult division, trophies for ages 11–17 and ages 5–10
- T-shirt for each registered runner while supplies last

Register Online:

www.roadtorecovery.info/run-for-recovery

Registration Fees:

AGES 11 AND UP: Before September 30: \$20, after October 1: \$25

AGES 5-10: Up to and including race day: \$10

**Email race times to jbarsott@valleyhealthlink.com.
Race registration is non-refundable.*

